

KINKY IS AS KINKY DOES

IDENTIFY WHAT TURNS YOU ON. PAGE 16



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NEW COACH. SAME GOAL.



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BOW CHICKA OW! OW! A GUIDE TO KINK



Getting kinky can mean many things to many people, so go ahead and open up (then tie down). / GETTY IMAGES, FUSE

We need to abandon this idea that there are two ways to get it on: regular sex and kink. Sex means that there is no "regular." According to the National Survey of Sexual Health and Behavior (the largest and most comprehensive of its kind), there is "enormous variability" in the ways that people knock boots. Further-

more, the survey shows that there's usually more than one sex act happening per session. Since kink refers to sexual activities outside your usual practice, for some guys, oral sex with women or mutual masturbation would be considered kinky pleasures. For others, these activities are just called fun.

Funky Brown Chick

TWANNA A. HINES, M.S.

AWARD-WINNING EDUCATOR AND SEX COLUMNIST. FOLLOW HER ON TWITTER @ FUNKYBROWNCHICK



Dos and don'ts

Whether you enjoy face-sitting, spanking, swinging, BDSM or the occasional fuzzy handcuff, your sexual delights are your business. Follow these tips to get your kink on even harder:

- **DO** use the Internet to find others who share your kinky interests. Try websites like ALT.com, FetLife.com and KinkAcademy.com. Whether you peruse these sites on your own or with a partner, remember that communication is key. Talk about boundaries and expectations. And, of course, follow the best practices for privacy and online safety.
- **DON'T** forget to learn the language. A munch is a low-pressure, public gathering of people interested in BDSM. Leather culture involves more than gay men in chaps. As with any interest, get informed to better respect others.
- **DO** remember to stay safe. Ditching conventions does not require exposure to STDs or physical harm. The phrase "safe, sane and consensual," or SSC, refers to sexual practices that occur while of sound mind, are not hazardous, and happen with the expressed permission of all parties involved. Be responsible and enjoy!

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