





The Hole truth. All's fair with Love at war



Style. Dudes, music fest attire isn't what it used to be.



Dating. Take your relationship to the next level: Fight!



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REACHING A DIFFERENT F-WORD MILESTONE

Don't date, hook up with or marry a—holes. You'll feel more alone than if you were single. That said, even when you find a great lover, tough times eventually come, and you must work through them. Fighting with a new partner is a delicate art. You want to be honest about feelings and expectations; at the same time, you may be afraid the other person will think you're overly sensitive or a raving lunatic. Go for it anyway. Argue. In those early, heated moments, how do you both behave? Let's set some ground rules and talk about your first fights.





The My Voice, Our City competition seeks to empower young black and Latino men (ages 16-24), local organizations, and community leaders to submit program ideas that will brighten the future of New York City. The competition is open to entries that address one or more of the following topics: business development, employment opportunities, and college pathways.

Submit your initiative or idea to strengthen New York City for black and Latino young men by July 24, 2013!

Competition winners are eligible for up to \$36,000 in prizes.

www.myvoiceourcity.com



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How to fight fairly

- Do grow some balls or ovaries and don't stoop to mocking, name-calling or manipulation.
- Don't use empty threats as ultimatums. Avoid repeatedly saying, "If you keep doing this, I'm going to leave you." Either leave or
- Do remember, when it comes to keeping drama out of your love life, "prevention is the best cure." Dating and hooking up are processes of elimination.
- Don't abuse or tolerate abuse.

How to fight

in the bedroom

Don't stay up arguing endlessly for hours. Try to come to a resolution on which you both can rest even if only for the night.

Funky Brown Chick

TWANNA A. HINES, M.S.

AWARD-WINNING EDUCATOR AND SEX COLUMNIST. FOLLOW HER ON TWITTER **A FUNKYBROWNCHICK**



Do have makeup sex and eventually go to sleep ... you know, the other stuff people do on mattresses.

How to fight in public

Don't assume fighting means shouting. Ages ago, I learned: Lose your temper, lose the argument. It's a simple but good rule.

- Don't forget you are in control of your anger. Others can trigger you, but the response is your choosing.
- Don't be afraid to say what's pissing you off in the moment, even if you aren't alone. It can be awkward and annoying to discuss, "Six hours ago, I didn't like it when you did blah blah blah."

How to fight in front of

friends and family

- Don't drag your audience into the fight.
- Don't belittle the other person.
- Do keep it simple. Say what you have to say and move on. For example, if someone is silencing you by speaking on your behalf, remind them, "I can speak for myself." No need to say it sharply.

